## Intent

At Little London, we strive for our children to be safe, confident, knowledgeable, strong and kind individuals, who are able to make good decisions about their futures and lifestyle choices. Our Personal, Social, Health and Economic wellbeing and careers Education (PSHE) curriculum is a key component in this. We plan and deliver a curriculum which is informative, age-appropriate and vital.

## **Implementation**

As a school, we share our 10 PSHE Ground Rules, which are reflected upon and referred to each lesson and in other areas of the day including other subjects. These Ground Rules cheer and teach sensitivity, understanding, acceptance and respect. Alongside these, we encourage children to use stems sentences that champion privacy, respect and openness, such as 'Someone I know...' or 'I hear what you are saying and I respect that. I think...'

There are 3 main themes to our PSHE curriculum, these are:

- 1. Health and Wellbeing
- 2. Living in the Wider World
- 3. Relationships

Each half term, children in each year group are presented with a new enquiry based question to start off their topic. Children will complete a self-assessment of 'draw and write' with all the prior knowledge they have on the area of learning to date. These are then built on each lesson over the course of the topic.

SMSC is promoted in PSHE as we prepare pupils for opportunities, responsibilities and experiences of later life.

## Foundation subject: PSHE



